

HONDURAS WELL PROJECTS

FREQUENTLY ASKED QUESTIONS

What will we be doing?

Building relationships and sharing the love of God is the focus of all trips. You will lend your assistance to the locals by helping them drill a clean water well. Some of you will be teaching health and spiritual care to children and to the women of the community.

Remember, the relationships you build are far more important than the project itself. If by chance you do not hit water during your week, what intangible thing will you have left them?

Do I need a passport?

Passports are required and must be valid for six months past your return date.

Do I Need Immunizations?

Contact your healthcare provider or health department to determine the best options for you. We suggest obtaining a prescription of Ciprol in case of traveler's diarrhea.

What are some things I need to know about food and water?

Do not drink tap water, or use tap water to brush your teeth, or open your mouth in the shower. A good suggestion is to place a towel over the sink as a reminder not to use it.

Bottled clean water is available at the hotel for filling water bottles and on the drill site. Pack a water bottle where you do not have to touch the opening from which you'll drink.

Agua Viva Internacional works diligently to select hotels where food is prepared in a safe manner. Breakfast and dinner will typically be served at the hotel. Lunches are provided by the community members as their gratitude for your work and the well. Bottled water is provided to them as well as clarification on safe food preparation. Typical foods are chicken or pork, plantains, rice, beans and vegetables.

The team will stop at gas stations where you will be able to purchase soda or snacks as well.

What if I don't know Spanish?

Our Agua Viva staff is bi-lingual and will translate for you! But don't be afraid to try speaking the language! Community members will appreciate your attempts to communicate in their language. Knowing some basics such as hello, goodbye, thank you and bathroom are a good start.

How many bags can I take?

Currently space within the travel van is limited, so we appreciate not over-packing.

For ease of transport, it would be best to pack your personal items into a backpack or small rolling bag. Your team may pack supplies into a checked bag weighing no more than 50 lbs.

Don't forget to have a "day bag" to bring into the community with you that will contain hand sanitizer, sunscreen, bug spray, etc.

Who will meet me at the airport?

A smiling and welcoming Agua Viva staff member will be in the lobby just outside customs! They will be wearing a blue Honduras Well Projects tshirt.

Where will we be staying?

Teams stay in lodging selected by Agua Viva Internacional. They have chosen lodging that offers the services we need and are as close as possible to your service destination. You may have to travel some distance each day to reach the community.

You will not need an electrical adapter. Be prepared for electricity to go out from time to time. A small flashlight should be packed.

Will we go to church?

Yes! Enjoy this opportunity to experience worshipping our same God in another culture. What a great way to kick off your week of serving.

What will we do at night when we return to the hotel?

We highly recommend taking only a few minutes to check in with family back home if necessary and then shutting off the wifi to refocus on the mission. This is time for the team to relax and process what you experienced during the day. The team will have dinner together, debrief, and regroup for the following day.

What is covered in the cost of my Trip Participation Fee?

The \$950 covers travel medical insurance, lodging, three meals and bottled water while in Honduras. Team tshirt. HWP is a registered 501(c)3 not-for-profit organization so we are unable to give refunds should you cancel your trip.

How much spending money should I bring?

That is up to each individual, but no more than \$200. US bills are accepted at most locations in increments of \$1, \$5 and \$10 *only*. Bills must be crisp and without rips or markings. Airport, gift shops and most gas stations accept credit cards.

Can I give my personal contact information to the people I meet?

We recommend not giving personal contact information to anyone. It is important to understand that once your personal contact information is exchanged, it may be distributed to others in the community in search of unhealthy support. It can be difficult to deny an ask for help, or discern the legitimacy of the ask, once you return home. AVI staff can explain additional reasons why this is not a good idea.

SUGGESTED PACKING LIST

General Information:

Closed toe shoes must be worn in the village. Quick dry / sweat wicking clothing is great!

Women: When choosing clothing items to wear in the village, shirts should have sleeves and not show the midriff. If choosing shorts or a skirt, it must reach your knees. No yoga pants please.

Men: Shirts should have sleeves. No shorts. Avoid logos if possible.

Drillers may wish to bring rubber or work boots. Drillers should also bring two pairs of leather palm work gloves.

SUNDAY	Church. Men: khaki pants, nice jeans or shorts. Polo or button up shirt. Women: pants or skirts, dresses are all acceptable. Sandals are fine for both.
MON – THUR	Work pants and tshirt, work boots or closed toed shoes
EVENINGS	Modest shorts, tshirt or tank top, sandals, one-piece swimsuit (women) / trunks (men)
THURSDAY	Please wear your team shirt for well dedication.
FRIDAY	Casual day.
SATURDAY	Travel day.

OTHER

Suggest leaving any wedding bands with diamonds or other valuables at home.

Passport (and a copy emailed to yourself or team leader for easy access in country)

Bible + Daily Reflection (printable from our website under SEND A TEAM)

Sunscreen

Water bottle!

Bug spray with high deet concentrate deet – non aerosol.

Toiletries

Advil, Band-aids, Immodium / Pepto

Small flashlight in case electricity goes out

Garbage bag for dirty laundry

Bandanas (great for wash cloths as they are not provided)

Towels and bedding are provided